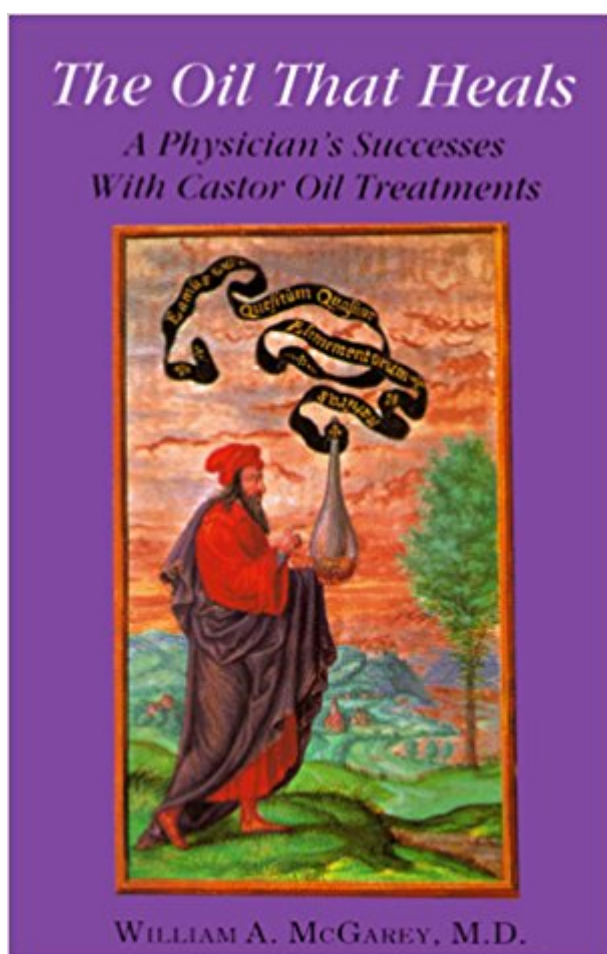


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# The Oil That Heals: A Physician's Successes With Castor Oil Treatments



## Synopsis

Castor oil was recommended in the Edgar Cayce readings more than 1000 times. Dr. McGarey recounts case histories in which he succeeded in using castor oil packs as a healing agent for a variety of disorders.

## Book Information

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## Customer Reviews

A fascinating analysis of a medical doctor's research on and verification of the healing properties of castor oil packs, first recommended by the noted psychic Edgar Cayce as an adjunct for many ailments that resist traditional medical treatment. Dr. McGarey reviews the history of castor oil and its use throughout the centuries, chronicles the research done at the A.R.E. Clinic, and details case histories in which he employed castor oil packs as a healing agent with remarkably successful results. This book is part of the breakthrough efforts to recognize alternative medicine as an inexpensive, yet effective solution for people who are unhappy with the high cost of traditional medical/drug therapy.

Dr. William A. McGarey is a family physician and an author or coauthor of eleven books. Other recent books include *In Search of Healing* (Perigee Press, 1996) and *Heal Arthritis: Physically, Mentally, Spiritually* (A.R.E. Press, 1998). He is cofounder of the A.R.E. Clinic in Phoenix, Arizona, and a founding member of the American Holistic Medical Association. His books are centered around the psychic readings of Edgar Cayce and the concepts in healing that came from that material.

This book is replete with truly fascinating information, including engaging historical data on healing and very helpful ideas about how to use castor oil to maintain and revive wellness. I wish the author had hired a savvy editor, however: Fully half the text could be deleted without losing the information the reader wants to find. I found the text to be repetitive and turgid in many spots, as if the author, Dr. William McGarey, had just dumped his lab notebook, his memoirs, and his medical notes into publication, with little thought for composition, brevity, or organization. He flips back and forth on topics, with little regard for his own chapter headings. Indeed, the chapter-breaks seem almost random, more like a place to put your bookmark and fall asleep than a change of topic. Amazingly, the book STILL GETS 3 STARS from me, because the author has a lot to teach us. His expertise makes up for his writing. Castor oil heals both small and large maladies, and this book added significantly to my knowledge of how to use it. I had to set aside my prejudice against Edgar Cayce, whom Dr. McGarey quotes -- I don't like to get medical advice from psychics -- but it's not castor oil's fault that all kinds of humans, including mystics, have advocated on its behalf over the centuries. You don't need to believe in anything non-scientific to learn the amazing properties of castor oil. I first learned about castor oil after 9/11, almost a decade and a half ago, when a medical doctor (decidedly NOT a psychic) told me that castor oil was the only thing that could prevent anthrax. The doctor reminded me that farm families gave castor oil to their children in centuries past on a regular basis for that very reason. (Anthrax was a common scourge on farms with animals.) Farm kids lined up in the kitchen and Mom gave them each a spoonful of the stuff to swallow. It was also given as a punishment, since it tastes terrible! A punishment that was good for the kid at the same time! Castor oil can cure athlete's foot and bladder infections overnight and zap zits into oblivion. The only reason it's not more popular is its taste and texture: both are admittedly awful: It's very sticky to touch and gag-worthy taste. But you can be clever and mix it with other things: it goes down the hatch tolerably with orange juice-- think of it like a vodka shot! -- and it goes on the skin beautifully if mixed with other oils, such as sea buckthorn, coconut, or sesame. Buy this book by William McGarey to learn and heal, NOT to enjoy -- kind of like castor oil itself. :-)

If I were more adept at understanding body terms I would give it a 5. But I DO get the ideas and the concepts. I needed it primarily to get an understanding of Castor Oil Packs and how to apply BEFORE I did anything. I am enjoying the packs [and feel they are beneficial] and reread sections of this book for the hour or hour and a half of "pack time." I am new to castor oil but I am achieving a castor oil consciousness as the author suggests. Very good purchase on my part.

I'm finding this book FASCINATING! I have begun using castor oil, applied directly to skin, ingested and with wool flannel as a pack, with essential oils for various things and am liking what is happening so far. Joint pain nearly completely gone after a year of pain from running and doing squats. Muscular pain also all but completely eliminated after a short time of useage. Varicose veins lightening up and cellulite smoothing out. No complaints so far so I'm very grateful for the stories in the book about how this MD has used castor oil/packs for several decades with great success.

Written by the people that started the research into this oil. The research is based on the Readings of Edgar Cayce. If you want good solid information, start here and then go on. If you have a problem and it is listed here, you might give it a go. Just, as with anything pay attention. I think that everybody that is interested in their heath should read this. Walk Softly Upon The Earth

I'm a huge fan of castor oil. It takes 10 years off your facs if you use it as a skin moisturizer by the way. This book gets into a lot that I didn't know. Castor heals lots of stuff and should be one of your go to remedies. it would save you a lot of money that would normally go to pharmacuticle companies.

Use this book on several things and love, love its healing without drugs and side effects. Wonderful book on Castor Oil. I have my children using it now and loan these books out all the time. Just the other day to a therapist and he loved the book. Can't say enough about Edgar Cayce and his Healing magic.

I really liked this book. It's amazing how using castor oil topically can bring about healing. The only reason I wouldn't give 5 stars is because the author was a bit medically technical. I had to use my ikindle dictionary quite a bit. I kinda wish the author had assigned names to his case subjects because it got a little confusing when he referred to them as case number 454 etc. Overall I found this book to be very interesting and I have used castor oil in the form of foot packs. I soak old socks then cover with plastic baggies then another pair of socks to keep in place. Then add heat (I bought microwaveable booties at Bed,Bath& Beyond). I sleep in this combo all night. When I wake my arthritic feet are pain free and soft as a baby's bottom. It's helped with nail fungus too!

Castor oil, as I have discovered, has many uses. I have been using castor oil packs for over a month now and find them very beneficial.

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